

Dear IFI Delegate,

Greetings!

You must have heard about some / air pollution in New Delhi. Some of you have received travel advisory messages from your embassies as well.

I am appending the advise from the chief of hospital at Indian Institute of Technology Delhi for your kind information. The venue of the conference is Vishwakara Bhawan, IIT Delhi.

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Dear Sir/Madam,

Head, Hospital Services, has issued the following advisory for the benefit of all faculty, staff and students and the campus residents for protection of health from air pollution.

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How to Protect Your Health in time of high pollution level in environment

1- The weather reports are there that pollution levels are high. It may be useful to limit the time when children go outside or you go for a jog or walk.

2-When you do exercise outside, stay as far as you can from heavily trafficked roads.

3-Then shower and wash your clothes to remove fine particles.

4-If the air quality is bad, stay inside with windows closed.

5-If it's very heavy pollution and you need to do heavy physical work outside, wear air pollution control mask.

Head, Hospital Services  
IIT D Hospital

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At the personal level, I am not going for walk in the early mornings and late evenings, and continuing with normal routine. The day time looks normal in Delhi. Exposure of one or two hours during the day time is not having any impact on my breathing or nostrils (no coughing or sneezing). If a person is revisiting Delhi after one year without knowledge about the smog, he / she will not find any difference.

If the condition worsens, we promise to give air pollution masks for everyone at IIT Delhi!

Looking forward to the wonderful conference!

Regards,  
Vignesh.

### **How to reach Vishwakarma Bhawan?**

The Vishwakarma Bhawan is located within IIT Delhi campus. There are two routes: One is through main gate of IIT Delhi. Please enter the main gate and come straight, ignoring curves, slopes and two roundabouts. In the T, please take left. In the end, please take left. After a small bridge, please take right to reach the big building (Vishwakarma Bhawan). The second route is to take the gate in the Shaheed Jeet Singh Marg, Nearby Katwariya Sarai, Opposite Bharti Vidya Peeth. The big building you see when the enter the gate is Vishwakarma Bhawan.

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Google Map: <https://goo.gl/maps/c8jyLoPd7VU2>

Please call Nimish or Purva for further details.

### **Weather @ New Delhi**

The temperature range shall be 11 – 24 C.

<https://www.accuweather.com/en/in/delhi/202396/daily-weather-forecast/202396?day=6>